

Shine International
Presents



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RUNNING INSIDE OUT

EVEN RUNNING, YOU'RE NEVER REALLY ALONE

Genre: Drama (inspired by a true story)

Running Time: 96 minutes

Log Line: With her goals insight, Kim runs to define herself. When life crumbles and relationships fade, her hardened aloneness is unveiled. As her feet are washed, she begins to melt. Realizing she was never really alone, she runs a new race... from the inside out. Inspired by a true story.

Synopsis (short):

Inspired by a true story, Kim embarks on her college to career journey through love, success & unexpected crisis. With a dream job, a fresh start and an inspired passion for running, Kim is forced to the edge by a sequence of painful life circumstances including an unplanned pregnancy. As her life crumbles and relationships fade, her hardened aloneness is unveiled. "Who will stand with me? Who will love me—just for me?"

A passionate film about one woman's search for a love that will last and the people who make a difference through ordinary acts of kindness.

Synopsis (medium):

As an intelligent college senior with an executive career dream job lined up, the future looks bright for Kim (the true life Cathi figure). Motivated by success and fueled with ambition, Kim likes to run things her way.

Graduating college with honors, Kim launches ahead to pursue her goals. She too does her best to leave behind ties with her legalistic family background and hints of painful past memories. Along the way, Kim's interest in recreational running grows as camaraderie develops in her new network.

Thriving in her fresh start, Kim continues to excel in her goals until forced to the edge by a sequence of painful life circumstances, including an unplanned pregnancy. This challenges everything!

With so much at stake and the reality of her painful past resurfacing, Kim decides which path she will take. As she copes with her choice and the resultant consequences, her hardened aloneness is exposed: "Who will stand with me? Who will love me - *just for me?*"

The answer comes gently as ordinary Believers from various walks of life quietly 'wash her feet'. The enduring sincerity softens Kim's heart, while the challenges of her journey continue to mount.

The story concludes as Kim attempts her greatest distance challenge: running a marathon. The "new race" is not always easy and trials arise along the run. Yet, her new beginning and the support of new comrades and kinship fuel Hope to overcome and a willingness to finish. The drama of running the 26.2 miles parallels her new Faith Journey in Christ.

*Note: The essential drama of the screenplay is based on account of Cathi Wood's true story. With Cathi's permission there is a fictional but realistic component, portraying her character as a recreational

runner. The story includes true characters (names have been changed) as well as new fictional running peers. The original time frame was also adjusted from the late 80's to be set in the early 2000's. The story has Cathi's character starting as a college senior progressing into the early years of her executive career. The city names are adjusted as well for filming simplicity.

Extended Script Summary

We open at dawn with Kim running solo on a trail. Seemingly distracted, she meets up with her running regulars. Uncharacteristically preoccupied, Kim cuts her run short, much to her friends' surprise. Back at her car, she has blurred vision then blacks out.

One year earlier, college senior Kim jumps out of bed awaking her well-to-do boyfriend, Don. Frantically the two rush to leave his home, making a beeline for her dorm. Once there, a family altercation erupts regarding Kim's immoral lifestyle choices.

In a matter of weeks, Don is caught cheating on Kim. Heartbroken, Kim devotes herself to excellence in completing her senior year and solidifying her dream career as an account executive.

Kim soon graduates and launches into her new career. She carries with her the old wounds of broken relationships, painful past mistakes, and the burns of her legalistic family life.

Transitioning, Kim mixes easily with the local social scene and early morning running crew.

After a couple months, Kim reluctantly goes on a date with non-ambitious, but likeable Brad. Not surprisingly, the two quickly connect. Simultaneously, Kim makes an acquaintance with fellow runner, Diana (quietly Christian). Soon, Kim considers training for her first 26.2 mi race.

The momentum of her dreams builds until an unexpected crisis occurs: her (second) unplanned pregnancy. Supposedly sterile from complications of a life threatening abortion during her early college years, this challenges everything..., again!

Her career, her family's image, her relationships and even her health are at risk. Yet, in the midst of her crisis, ordinary people love her right where she is. Kim's Doctor and his staff, along with Diana all play a role as a supportive presence for Kim.

With intense contemplation and an underlying fear of ending up alone, Kim oscillates between her verdict. Brad has his reservations, but is open. Yet, it is the caring words of a Doctor to walk along side of her that steer final decision. Kim decides to carry her baby.

Settled in her choice to carry, the first major blow arises. Ovarian tumors threaten her developing baby, requiring immediate surgery. The surgery is successful, the baby survives.

With Brad still at her side, another blow: She is let go from her job. After finally telling her mother of the pregnancy, she receives a letter from Mom stating she is shunned from the family.

Shortly afterwards, Brad backs out too. Who will stand with her? She wishes she were dead! Desperately, Kim retreats to her "fruity" and eccentric Aunt Sally. Aunt Sally enriches the story with her comic relief. Aunt Sally offers Kim a place to stay for the remainder of the pregnancy.

As an act of kindness, Diana takes Kim to visit a salon run by a (Christian) friend, Deb. In response to Deb's offer for free manicures, Kim declares, "Not a word about your Jesus!" Deb accepts. In the months that follow, their friendship grows.

Soon the baby arrives. Nine months of perpetually building shame and erupt, only to be dissolved at her son's first touch. She too is awed at God's touch through her son. Faith arises. Soon, she wants "what her friends have" and seeks Deb out to follow Christ.

Montages of the next 9 months include challenges of single motherhood, the joys of her faith community support, her introduction to a new found passion to serve other women in crisis and the continued pursuit of her running goal.

The finale is the day of Kim's first marathon. The race is long, similar to her life's journey. Her friends and new son cheer her on. Pressing thorough the physical demand and mental challenges of dispelling voices of the past, she ecstatically finishes the race!

Transitioning to 8 yrs later, the story closes with Kim and her son running along a scenic trail. A melody of narrations flow in tempo of her life's lessons learned: ...We run His race, from the inside out.

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Director's Statement

During October 2006, a few days after simple prayer time with a friend from my Life Group, the inspiration came to me to make an inspirational movie inspired by true events. December 2006, I received a newsletter from a Care Net Pregnancy Center in Houston (a ministry close to my heart), written by Ms. Cathi Woods. The newsletter contained a moving story about 'Amanda', a recent client at the center:

Amanda was afraid, "How could this happen to me?" she asked herself. She looked in the yellow pages and found us. Amanda is a young college woman and she wanted an abortion. She came in for a pregnancy test after her classes at Rice University. As a young educated woman, she asked good questions about abortion procedures and their safety. Our counselor was able to connect with Amanda closely enough to discuss risks, emotional scarring and the development of the life inside her. The counselor handed Amanda a brochure full of great information... Amanda seemed grateful for the first time someone was sharing with her accurate information about the choice she was considering. Then her eyes glanced down to the last page of the pamphlet and saw a scriptural admonition. Instantly Amanda's walls went up and her tone changed. Shortly afterwards she walked out of the facility. In that instant we were saddened that our opportunity to reach her was gone.

'...So how are we going to reach the Amanda's of this world?' Cathi extrapolated...

What are some creative ways to reach out to a culture that doesn't care what we know until they know that we care? This got me brainstorming of the dialog possibilities that film/video have potential to stir people of all ages, social settings, belief systems and interests. A movie can be a catalytic tool for helping reach people like Amanda.

In January 2007 my wife and I had the pleasure of meeting Cathi Woods at a dinner hosted by mutual friends of ours. I listened to her struggle and Hope of her life journey. I too shared my desire to explore creating a culturally relevant movie that encourages an ongoing dialog among both Believers and seekers to help reach out to the 'Amanda's' of our time.

Over the next few months Cathi and I talked and decided Cathi's own testimony was the great story of Hope for which we would model the screenplay. Over the next several months, I periodically interviewed Cathi and she openly shared her emotional story in detail. Cathi's biggest goal was to help people understand the deep challenges a woman faces in such unplanned situations and more so that the woman has a deeper need for significance and unconditional love.

Cathi relates most the Woman at the Well Story (John 4). It wasn't the relational brokenness that in that story that Jesus was trying to address, but rather the greater need for Living Water that would satisfy her deepest cry for love, purpose and acceptance. The pregnancy in Cathi's life was significant, yet the deeper longing was for acceptance and unconditional love.

The resultant screenplay now produced into a movie is aimed at showing a story of Hope in a contemporary relevant way. As this was our first feature length production, done on a low budget with

the people and resources that the Lord provided, our team believes this film has a great story with relevance and a lasting message of Hope that can encourage people of all walks. This is our desire and what we seek.

We welcome the networking assistance of people and caring organizations to help show this movie and broaden the dialog of Hope, care and love. We desire that people all around receive a blessing from Jesus Himself and share His Blessing with others.

The Primary Cast

Andrea Prescott - *Lead, Kim Role*

Andrea has a background in Film, Commercials and Theater with roles as Lead and Supporting actress. She has training in Television and Film.

Jeffry Griffin - *Lead, Brad role*

SAG Eligible, Jeffry has a wide variety of Film, Television Commercials and Industrial, projects with roles as a Lead, Supporting and Principal actor. Jeffry too has been a Principal in Music videos.

Michelle Pidgeon- *Support, Diana Role*

Michelle has a background in Theater, Film and Commercials with roles as Lead and Supporting actress. She has training in Motion Picture & Television. Michelle has also Written and Directed projects..

Nancy Humphreys - *Support, Deb role*

Nancy has a background in Church monologues, plays and skits for the last 20 years.

Roz Turner - *Support, Aunt Sally role*

Roz comes with a background in theater and television and has training in improvisation, television and comedy. She has had both lead and supporting roles.

The Production Team

Inspiration behind story: Cathi Woods

For over 20 years, Cathi Woods as served women in crisis.. Having been through two unexpected pregnancies herself at ages 21 and 27, she knows what women of today often they face and also what speaks to their hearts. Cathi understands the trends of our post-modern culture.

Producer/Director/Writer: Robbie Hirst

Robbie Hirst owns and manages a Gymnastics business. In addition to directing annual theatrical exhibitions, he has written and produced various short video projects and an award winning commercial. Husband to Diana and father to their 5 kids, he knows how children bring change to any parent's life.

Producer / Screenplay Assistance: Rick Mace

Rick Mace has been in the film and video business as a producer, writer, director and editor for ten plus years. He has won awards for both films and scripts that he has written and directed. He has worked on various projects and commercials with General Electric, March of Dimes, and Stewart & Stevenson. He is now currently working as a Special Education Teacher.

Assistant Director: Nancy Humphreys

Nancy Humphreys has been on several theatrical projects and teams over the past 20 years. She has helped coordinate performances in addition to her acting and performing.

Director of Photography: Daniel Contreras

Daniel Contreras serves as Lead DP & Editor for www.newdirtstudios.com having filmed various industrial videos, music videos, commercials and a feature length film.

Consulting Editor / Editing Assistance: Bill Moore

Bill Moore is a production industry veteran of several decades. Bill has run his own production company and done the full spectrum of production roles. Currently Bill focuses on editing, working for major projects such as Palais Royal advertisements and the Anderson Fair Documentary Project.